

A Climate Thought – Giving Thanks for Community

Despite a 4pm downpour and VERY humid weather, 40 people joined our 4th Annual Celebration of Plant-Based Foods at NARA Park. It was an amazingly delicious table of food, the most varied to date, and the company was even better! All of you—old friends and new—have left the EnergizeActon.org team feeling very grateful to live in a community so full of caring people. In these strange times, connecting with each other means a LOT. We also had a wonderful talk by Carol Brown, a vegan lifestyle coach, about the health and environmental benefits of plant-based meals. (See her Sept. 30th event, "Becoming Plantastic," at Unity Farm Sanctuary.) Thank you, plants and people!!

